

# IntergenerACTION

**'A training course to develop intergenerational actions involving young people'**

- Methodology: A **creative** and **interactive** 5-day residential training approach to explore and develop new community-based intergenerational activities.
- Countries involved: Ireland, Belgium, Czech Republic, Switzerland, Holland & Sweden.
- Target Participants: **YOUTH WORKERS** (working with young people with fewer opportunities) who are interested in developing action **projects** on **intergenerational work**.
- Language of the training: **English** (all participants are required to be able to communicate in English)
- No of participants: 25 Date and venue: 09-14/05/11, West Cork, **Ireland**
- Trainers team: Marc Weiss (Switzerland), Noemie Cheval (Belgium), Barbora Blahova (Czech Republic), Viv Sadd (Ireland)
- For more info: please contact us at [barbora.blahova@gmail.com](mailto:barbora.blahova@gmail.com)



# IntergenerA**C**TION



## Context:

2012 has been designated as priority year across Europe for **intergenerational work** by the EU. This training course has been developed to explore the ways in which youth workers can be involved in intergenerational work for 2012 with the **Youth in Action program**.

In today's society and in local communities, **young** people have limited interaction with **"OLDER PEOPLE"** (i.e. above retirement age). Many fixed stereotypes are held regarding "older people" and "young people". This can result in discrimination and isolation.

**Intergenerational work** provides an opportunity for young people to engage with older people and for older people to engage with young people for the mutual exchange of knowledge, skills and support.

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## Intergenerational work:

- Bring older and younger people together in purposeful, mutually beneficial activities
- Breaks down barriers that exist between younger and older people in disadvantaged communities
- Build respectful and cohesive communities which reduce social exclusion.
- Through intergenerational youth work, younger people can experience lifelong learning concept and will become more active and inclusive citizens in their community.

## Objectives:

- To explore ageism and identify and challenge the prejudices and stereotypes about age.
- To raise awareness and understanding about the nature of 'intergenerational work' and how it fits together with the concept of lifelong learning
- To generate some new ideas of how and what youth workers in community contexts can do at local and European levels to develop current intergenerational practice
- To provide foundations to enable participants to: network, share intergenerational work "best practice" and promote and implement intergenerational work in their own communities within the context of the Youth in Action program